





Dear reader,

We are pleased to share with you that Hannah & Karl, have started a non profit organisation, “NISSIMOU” (= “my island” in Greek), here on Spetses Island.

In 2020, Hannah & Karl chose the island to create a hotel business, Yyaki, and raise their family. In 2024, in order to support their daughter's needs first of all, and to extend this support to other families like them on the island, they are giving back to the community that welcomed them.

NISSIMOU is the first dedicated, equipped, therapy centre on the island. By creating this safe space and bringing occupational and speech therapists to the island, the non profit is giving access to children 2-12 years old and their families to essential resources.

We invite you to join us in our effort to give back and support the future generation of Spetsiotis' children!



"Our mission is to offer Spetses children and their families, access to therapies. Inclusion is at the centre of our vision."

STORY

CREATING THE FIRST THERAPY CENTRE FOR ATHINA AND CHILDREN OF SPETSES.

My name is Hannah Beraud-Hindi, and my family is based on the island of Spetses since 2020. With my husband, we run the boutique hotel YAYAKI since 2021.

As parents, we have added to our expat and entrepreneurial journey thanks to our daughter Athina. Indeed, she takes us on a very special adventure daily, in the world of Diabetes type 1 and autism. We have are now part of a special "care-giving parents" club.

In order to support her needs on the island, and thanks to our family, we thus started the "NISSIMOU" non profit civil law company (= «my island» in Greek) on the island, in November 2024.

Through our projects and activities, we hope to offer solutions to all the families who - like we did too - are travelling daily, to the mainland, Athens or even further, to find therapists, special education, schools etc. We hope that no child will have to leave the island due to the lack of services available.

Nissimou's visison is to change our daughter's life, our family's life, and other children's and families' lives on the island.

Our mission is to create and provide access to a therapeutical centre on Spetses, as well as giving access to certified therapists(speech, occupational, psychology...) to Athina our daughter, and to the community."

the kind of things **THINGS WE DO**

CREATING A DEDICATED THERAPY SPACE ON SPETSES ISLAND

- A speech therapy room
- Occupational therapy room
- Psychology office
- Kitchen, WC, waiting area
- Secretary Office

BRINGING THERAPISTS TO THE ISLAND TO GIVE ACCESS TO THERAPIES FOR CHILDREN 2-12 YEARS OLD



- Speech and Language Therapy and Occupational Therapy
- Two days per week from September to June
- We interview and recruit specialists
- We sponsor their trips to the island and their accommodation
- We inform parents and organise presentations about their services

THERAPEUTICAL PLAYGROUPS

in our effort to raise awareness about inclusion, and to support children's development and progresses, we are creating inclusive, therapeutic, holistic Playgroups.



- Develop social skills and empathy
- Reuniting children with and without a diagnosis
- Small groups of 5 kids maximum
- Supervised by trained professionals (psychologist, SLT, OT...)
- Therapeutic methodology based on Play, SLT and OT strategies (Makaton, TEACCH, ABA, PECS...)

REGISTRATIONS & INFORMATION:

info.nissimou@gmail.com

#HOUSEHUB

project Spetses

A Pilot Project, in collaboration with Mrs. Ellianna Mantaka-Brinkmann, who joins us as a consultant and scientific advisor. She is the founder of HouseHub non profit in Athens and a highly experienced speech therapist. Together, through the unique initiative

#HouseHubProjectSpetses, we are working towards raising awareness about neuro-diversity and inclusion within the community. This is achieved through inspirational, inter-generational community events, conferences, seminars such as:

- Therapy for all
- Play therapy
- Using the home environment in therapy
- MAKATON language
(a communication program using signs and symbols)
- Play as a communication tool
- Creating an inclusive environment



A TEAM OF PASSIONATE EXPERTS IN THE FIELD OF CHILDHOOD DEVELOPMENT



→ Zoe Fostini
Speech and Language Therapist



→ Arianna,
Secretary, Special Education Caregiver to
Athina



→ Maria Vrana
Occupational Therapist



→ Ioanna,
Psychology Services & NISSIMOU Volunteer



→ Dune,
Psychology Services & NISSIMOU Intern



→ Ellianna, Scientific consultant
& co-founder of the HouseHub Non-Profit,
Athens





GET IN TOUCH & FIND US

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→ **LOCATION:**
NISSIMOU NON PROFIT, REGISTERED VAT:
802599398

AGIOS PANTELEIMONAS, SPETSES ISLAND, 18050

GOOGLE MAP: “NISSIMOU AMKE”
OR ASK THE YAYAKI TEAM TO ORGANISE A TRANSFER FOR YOU!

To learn more about us, to book a visit of our centre, to discuss collaborations, to learn more about our projects, to support us and make a donation!



HOW YOU CAN SUPPORT US AND HELP US GROW?

OUR OBJECTIVES:

1. To create the first therapy centre on the island of Spetses in order to host therapy sessions for Athina and children 2-12 years old
2. To give access to occupational and speech therapy to Athina and children 2-12 years old on the island
3. To raise awareness about inclusion and neurodiversity in the community

You guessed it, every time you spread the word about us, every time you make a donation to NISSIMOU, it matters !

Corporate sponsorships: Help our non profit have a wider and bigger impact by connecting your brand, your business with NISSIMOU on the long term.

Make a donation: Your financial donations help us pay for the rent, utility bills, therapists' visits and accommodation, equipment for therapies, the island, games and toys for the children and maintenance of our centre. We can provide invoices to our donors in order to help them benefit from tax discounts (*terms and conditions apply).

Volunteer Opportunities: we always need a helping hand around to take pictures, water our plants, help coordinate a playgroup, manage our social media ...

THANKS FOR YOUR SUPPORT

→ BANK TRANSFER

Account Name: Nissimou

Bank: National Bank of Greece

IBAN: GR30 0110 4700 0000 4700 0352 469

SWIFT/BIC: ETHNGRAA

→ PAYPAL DONATIONS



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